



Barley Fields
Primary School

Curriculum Progression Ladder

Subject: Relationship and Sex Education

Progression Ladder

Many objectives linked to RSE curriculum are covered as part of the PSHE curriculum.

This ladder contains progression linked to RSE only.

Year	Objectives	EMERGING CONCEPTS	Vocabulary
EYFS	<ul style="list-style-type: none"> Recognise people and the roles of those who are part of my family Know that there are many types of family Name the main parts of the human body 	<ul style="list-style-type: none"> Parts of the body Family 	<ul style="list-style-type: none">
Y1	<ul style="list-style-type: none"> Understand that there are always similarities and differences between people but we can all be friends Understand that there are many different types of family and that families provide safety, love and care Understand and sequence how babies grow and change from birth to childhood 	<ul style="list-style-type: none"> Difference between people How does family help me Growth and change from birth -child 	<p>pregnancy, birth, love, relationships, family, marriage, support, roles, community, male, female, feelings, emotions, change, care</p>
Y2	<ul style="list-style-type: none"> Begin to understand the differences between male and females (babies) Begin to identify and challenge gender stereotypes Understand that making a new life (using animals as the basis) requires a male and a female Name the main features of the human body (including genitals names penis and pubis) 	<ul style="list-style-type: none"> Differences between boys and girls / gender stereotypes Parts of the body (including genitals) 	<p>pregnancy, scrotum, womb, gay, lesbian, vagina, vulva, penis, testicles, birth, life-cycle, nipples, breasts, breastfeed, baby, stereotype,</p>
Y3	<ul style="list-style-type: none"> Understand that all people are different and that differences should be respected Understand the physical differences between males and females. 	<ul style="list-style-type: none"> Respecting difference Physical similarities and difference between males and female 	<p>vagina, vulva, penis, testicles, transgender, gay, lesbian, homosexual, sperm, egg, ovary, womb, pubic hair, private, consent, cells, puberty,</p>

	<ul style="list-style-type: none"> Identify body parts using agreed vocabulary (breast, nipple, penis, pubis) Understand the concept of personal space Understand the concept of appropriate and inappropriate physical contact 		pregnancy, foreskin, scrotum, erection, reproduction, gender, hormones, voice 'breaks', period, bra, spots/acne, hygiene
Y4	<ul style="list-style-type: none"> Sequence and describe the main stages of the human lifecycle Identify body parts using agreed vocabulary (breast, nipple, penis, pubis, vagina, vulva, testicles) Know when puberty is likely to occur and recognise some basic physical changes that will happen to males and females Recognise puberty as the bodies development towards adulthood and preparation for reproduction Know that respect is a key aspect of relationships and identify the features of positive friendships Know and recognise the difference between healthy and unhealthy relationships (including online) 	<ul style="list-style-type: none"> Puberty - Basic physical changes including growth of hair, breast development, voice changes, spots, sweating etc. 	vagina, vulva, penis, testicles, transgender, gay, lesbian, homosexual, sperm, egg, ovary, womb, pubic hair, private, consent, cells, puberty, pregnancy, foreskin, scrotum, erection, reproduction, gender, hormones, voice 'breaks', period, bra, spots/acne, hygiene
Y5	<ul style="list-style-type: none"> Understand the key physical changes that occur in puberty - internally and externally Understand how the reproductive organs develop in puberty including sperm production and menstruation. Understand the increased need for personal hygiene during puberty 	<ul style="list-style-type: none"> Puberty – physiological changes including Menstruation and Sperm production 	transgender, gay, lesbian, homosexual, homophobic, circumcised, womb, uterus, sexuality, menstruation, genitals, pubic hair, sanitary wear, sanitary towels/pads, tampons, wet dream, ejaculate/ejaculation, semen, sperm, egg, ovum, ovary, fallopian tube
Y6	<ul style="list-style-type: none"> Confidently describe how the body changes in puberty in preparation for reproduction and ask questions linked to this Recognise how communication and respect are important in healthy relationships Recognise the difference between public and private information (as linked to themselves) Be aware of the dangers of over sharing information / images with others (linked to e-safety) 	<ul style="list-style-type: none"> Puberty – changes linked to reproduction E- Safety Healthy relationships with others 	transgender, transsexual, gay, lesbian, homosexual, homophobic, heterosexual, transphobic, bisexual, reproductive organs, sex cells, anus, cervix, womb, uterus, conception, fertilisation, pregnant, pregnancy, embryo, foetus, umbilical cord, amniotic fluid, placenta, amniotic sac, contractions, labour, immune system, female genital mutilation (FGM)