

Barley Fields Primary - Autumn Term School Lunch Menu 2023



Wristband Primary School Menu

Weekly Menu 1

4th September, 2nd October, 6th November & 4th December, 2023

Dish	Day 1	Day 2	Day 3	Day 4	Day 5
Red Choice	Pork & Carrot Meatballs in Tomato Sauce with Pasta & Homemade Garlic Bread Broccoli/ Sweetcorn	Spaghetti Bolognaise Homemade Garlic Bread Mixed Vegetables	Chicken & Vegetables with Puff Pastry Lid Roast Potatoes Cabbage/Cauliflower	Mince & Yorkshire Puddings Creamed Potatoes Diced Carrots/Green Beans	Harry Ramsden Fish Fillet Oven Baked Chips Garden Peas Baked Beans
Blue Choice	Quorn Meatballs in Tomato Sauce with Pasta (V) Homemade Garlic Bread	Quorn Bolognaise Homemade Garlic Bread (V)			
Green Choice	Jacket Potato filled with Tuna, Cheese (V) or Baked Beans (V)	Cheese & Onion Roll (V) Baked Jacket Potatoes Baked Beans	Fish Star Oven Roasted Potatoes Spaghetti Hoops	Penne Pasta in Tomato Sauce (V) Homemade Herby Bread Diced Carrots/ Green Beans	Homemade Pizza (V) Oven Baked Chips Garden Peas Baked Beans
Cold Selection	Egg Mayonnaise Sandwich (V) Baked Jacket Potatoes	Tuna Sandwich Baked Jacket Potatoes	Cheese Sandwich (V) Oven Roasted Potatoes	Tuna Sandwich Baked Jacket Potato	Egg Mayonnaise Sandwich (V) Oven Baked Chips
Desserts	Chocolate Sponge with Custard Sauce Cold Bar Fresh Fruit Bowl	Jam Roly Poly with Custard Sauce Cold Bar Fresh Fruit Salad	Apple Crumble with Custard Sauce Cold Bar Fresh Fruit Bowl	Vanilla Sponge with Custard Sauce Cold Bar Fresh Fruit Salad	Creamy Rice Pudding with Jam Sauce Cold Bar Fresh Fruit Bowl



For allergen information please ask a member of the Catering Team

Salad bar available daily

Fresh juice, milk & water served daily

Daily additional choice: Homemade biscuit & yoghurt



Wristband Primary School Menu

Weekly Menu 2

11th September, 9th October, 13th November & 11th December, 2023

Dish	Day 1	Day 2	Day 3	Day 4	Day 5
Red Choice	Breaded Chicken Breast Oven Roasted Potatoes Garden Peas Baked Beans	Minced Beef Pie Creamed Potatoes Broccoli Diced Carrots	Beef Burger in a Bun Baked Potato Wedges Baked Beans	Minced Beef & Dumplings Oven Roasted Potatoes Cauliflower Diced Swede	Fish Goujons Oven Baked Chips Garden Peas Baked Beans
Blue Choice	Quorn Dippers (V)	Homemade Quiche (V)	Quorn Burger in a Bun (V)	Minced Quorn & Dumplings (V)	
Green Choice	Macaroni Cheese (V) Homemade Herby Bread Garden Peas	Fish Fillet Fingers Baked Jacket Potatoes Spaghetti Hoops	Jacket Potato Filled with Tuna, Cheese (V) or Baked Beans (V)	Mini Cheese & Onion Slice (V) Oven Roasted Potatoes Spaghetti Hoops	Homemade Pizza (V) Oven Baked Chips Garden Peas Baked Beans
Cold Selection	Tuna Sandwich Oven Roasted Potatoes	Cheese Sandwich (V) Baked Jacket Potatoes	Egg Mayo Sandwich (V) Baked Potato Wedges	Ham Sandwich Oven Roasted Potatoes	Egg Mayo Sandwich (V) Oven Baked Chips
Desserts	Marble Sponge with Custard Sauce Cold Bar Fresh Fruit Bowl	Creamy Rice Pudding with Jam Sauce Cold Bar Fresh Fruit Salad	Feathered Sponge with Custard Sauce Cold Bar Fresh Fruit Bowl	Cornflake Tart with Custard Sauce Cold Bar Fresh Fruit Salad	Chocolate Chip Sponge with Custard Sauce Cold Bar Fresh Fruit Bowl



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Salad bar available daily

Fresh juice, milk & water served daily

Daily additional choice: Homemade biscuit & yoghurt



Wristband Primary School Menu

Weekly Menu 3

18th September, 16th October, 20th November & 18th December, 2023

Dish	Day 1	Day 2	Day 3	Day 4	Day 5
Red Choice	Baked Sausages Oven Roasted Potatoes Sweetcorn Diced Carrots	Lasagne Homemade Garlic Bread Mixed Vegetables	Chicken Casserole Garden Peas Cauliflower	Roast Gammon & Pineapple Oven Roasted Potatoes Broccoli Diced Carrots	Harry Ramsden Fish Fillet Oven Baked Chips Garden Peas Baked Beans
Blue Choice		Quorn Lasagne (V)			
Green Choice	Fishcake Oven Roasted Potatoes Sweetcorn Diced Carrots	Jacket Potato filled with Tuna, Cheese (V) or Baked Beans (V)	Homemade Pizza (V) Baked Potato wedges Spaghetti Hoops	Cheese Omelette (V) Oven Roasted Potatoes Broccoli Diced Carrots	Homemade Quiche (V) Oven Baked Chips Garden Peas Baked Beans
Cold Selection	Cheese Sandwich (V) Oven Roasted Potatoes	Ham Sandwich Baked Jacket Potatoes	Tuna Sandwich Baked Potato Wedges	Egg Mayo Sandwich (V) Oven Roasted Potatoes	Cheese Sandwich (V) Oven Baked Chips
Desserts	Jam Sponge with Custard Sauce Cold Bar Fresh Fruit Bowl	Ginger Sponge with Custard Sauce Cold Bar Fresh Fruit Salad	Chocolate Crunch with Custard Sauce Cold Bar Fresh Fruit Bowl	Syrup Roly Poly with Custard Sauce Cold Bar Fresh Fruit Salad	Creamy Rice Pudding with Jam Sauce Cold Bar Fresh Fruit Bowl



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Salad bar
available daily

Fresh juice,
milk & water
served daily

Daily additional choice:
Homemade biscuit & yoghurt



Wristband Primary School Menu

Weekly Menu 4

25th September, 23rd October & 27th November, 2023

Dish	Day 1	Day 2	Day 3	Day 4	Day 5
Red Choice	Chicken Cobbler Creamed Potatoes Diced Carrots Cauliflower	Mediterranean Bolognese with Pasta Twists Homemade Garlic Bread Broccoli / Sweetcorn	Pork Casserole Creamed Potatoes Mixed Vegetables	Roast Turkey served with Sage & Onion Stuffing Creamed Potatoes Diced Swede Cabbage	Fish Goujons Oven Baked Chips Garden Peas Baked Beans
Blue Choice	Diced Quorn Cobbler (V)	Quorn Bolognese (V)	Quorn Sausage in a Bun (V)		Baked Cheese & Onion Roll (V)
Green Choice	Fish Cake Baked Jacket Potato Baked Beans	Sausage Roll Oven Baked Chips Garden Peas Baked Beans	Sausage in a Bun Baked Potato Wedges Spaghetti Hoops	Jacket Potato filled with Tuna, Cheese (V) or Baked Beans (V)	Pizza (V) Oven Roasted Potatoes Broccoli / Sweetcorn
Cold Selection	Egg Mayo Sandwich (V) Baked Jacket Potatoes	Tuna Sandwich Oven Roasted Potatoes	Cheese Sandwich (V) Baked Potato Wedges	Egg Mayo Sandwich (V) Baked Jacket Potatoes	Cheese Sandwich (V) Oven Baked Chips
Desserts	Syrup Sponge with Custard Sauce Cold Bar Fresh Fruit Bowl	Oaty Apple Crumble with Custard Sauce Cold Bar	Festival Shortcake with Custard Sauce Cold Bar Fresh Fruit Bowl	Creamy Rice Pudding with Jam Sauce Cold Bar Fresh Fruit Salad	Chocolate Lime Sponge with Custard Sauce Cold Bar Fresh Fruit Bowl



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Salad bar
available daily

Fresh juice,
milk & water
served daily

Daily additional choice:
Homemade biscuit & yoghurt