

Physical Education Curriculum Pathway

Secondary School

UKS2
Year 6

UKS2
Year 5

LKS2
Year 4

LKS2
Year 3

KS1
Year 2

KS1
Year 1

EY

Games
Tennis

Health
Related
Exercise
Boxercise

Athletics
My Personal
Best

Gymnastics
Matching and
Mirroring

Games
Consolidating
Invasion
Games through
Netball

Games
Consolidating
Invasion
Games through
Hockey

Games
Consolidating
Invasion games
(Tag Rugby)

Dance

Games
Rounders –
Understanding
rules and
applying tactics

Games
Cricket –
Understanding
rules and
applying tactics

OOA
Orienteering

Health Related
Exercise
Methods of
Training

Athletics
Cross
Country
running/ind
oor athletics

Athletics
My personal
best.

Games
Net and Wall
(Tennis)

Games
Hockey

Games
Striking and
Fielding
(Rounders)

Athletics
Cross Country
Running/Indoor
Athletics

Games
Invasion games
through Tag
Rugby

Games
Invasion games
through Netball

Gymnastics
Counter Tension
and Counter
Balance

OOA
Leadership

Dance

Games
Invasion
Games through
Football

Health Related Exercise
Fitness Testing

Games
Striking and
Fielding -
Cricket

Athletics and
Competitions
and Rules

Games
Quidditch

OOA
Communication
and Tactics

Games
Tennis

Games
Hockey

Games
Football

Athletics
Exploring Indoor
Athletics

Games
Basketball

Gymnastics
Bridges

Games
Quidditch

Games
Striking and
Fielding
(Cricket)

Swimming

Gymnastics
Symmetry
and
Asymmetry

Health Related
Exercise
Mindfulness

Games
Tennis

Swimming

Athletics
Sports Day

Dance

OOA
Problem
Solving

Games
Football

Games – Ball
Skills Rackets,
Bats and Balls

Health Related
Exercise
Components
of fitness

OOA
Developing Team
Building and Co-
Operation

Games –
Developing Ball
Skills (Feet)

Gymnastics
Linking

Athletics
Running at
different speeds

Games
Introduction to
Invasions
Games

Games
Games for
understanding

Athletics
Sports Day

Dance

Games
Ball skills
Hands - 2

Athletics –
Running
and jumping
in games

Games
Developing
Ball Skills
(Hands)

Athletics -
Jumping

Games – Ball
Skills Feet

OOA
Team Building

Athletics
Sports Day

Games
Attack v Defence

Dance

Games –
Developing Ball
Skills

Games
Introduction to
Ball Skills
(Hands)

Dance
Dance

Athletics
running

Gymnastics
Body Parts

Health Related
Exercise
Agility

Games – Ball
Skills
Rackets, Bats
and Balls

Athletics
Locomotion
Funky Feet

Athletics -
Jumping

Games – Ball
Skills
Hands

Athletics
Locomotion
Sports Fun Day

Dance

Games – Games
for understanding

Gymnastics
Levels

Athletics –
Walking and
Running